

## Preface

## Preface to the First Print Version of *Indian Journal of Cardiovascular Disease in Women*

<sup>1</sup>Department of Cardiology, Nizam's Institute of Medical Sciences (NIMS), Punjagutta, Hyderabad, Telangana, India

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Cardiovascular disease continues to be the leading cause of death among women. Certain cardiovascular risk factors or diseases are novel and unique to or more common in women. Differences in gene expression from the sex chromosomes, which may be further modified by sex differences in hormones, often have differential impact on prevalence and presentation of cardiovascular diseases. However, quality of knowledge related to women's health was lacking due to the exclusion of women in research. Hence, it is high time to encourage research to fill gaps in medical knowledge about women. Having recognized the need to have sustainable, high-quality, applied research on cardiovascular diseases among women, WINCARS (Women In Cardiology And Related Sciences) Association has started to create a common platform for clinicians and researchers to discuss about women-related heart diseases.

The *Indian Journal of Cardiovascular Disease in Women* (IJCDW) was started with the aim to publish peer-reviewed, high-quality, scientific, original research relate to clinical practice in the prevention, diagnosis, and treatment of cardiovascular disease. However, we strongly believe that major improvements in medicine can derive from a well-integrated, broad-based, multidisciplinary, clinical, and laboratory research work. Hence, we also facilitate provision to publish original research in other related branches such as

nephrology, rheumatology, neurology, and gastroenterology for the better understanding and for having comprehensive overview regarding women-related health. In addition to publishing original papers on all aspects of women health, the journal also features reviews, clinical perspectives, case report, and editorial articles about recent developments.

Having completed five online issues with two supplementary issues successfully, to ensure availability to wider section of readers, we are initiating first print version with this issue. Print version is available as a premium add-on to the standard e-version. It will be published four times a year on quarterly basis.

I would like to express my sincere thanks to the authors for the tremendous time and effort that they put forth in the preparation of their articles. I would also like to thank everyone at Thieme Publishers for their help and putting this issue into publication. Despite the fact that every effort has been made to keep this journal free from errors, some mistakes are likely to have crept in unintentionally. We request my readers to kindly point them out to us. We would be more than happy to receive your feedback suggestions on this. We are sure readers will find this journal very useful and pragmatic for their day-to-day clinical practice and will inspire readers to undertake research in academic and clinical settings.

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Maddury Jyotsna, MD, DM, FACC, FESC, FICC, Department of  
Cardiology, Nizam's Institute of  
Medical Sciences (NIMS),  
Punjagutta, Hyderabad 500082,  
Telangana, India  
(e-mail: mail2jyotsna@rediffmail.com).

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